

SOUPS

Chef's Daily Creation , ask your server	\$6
Bay Moorings Boston Seafood Chowder	\$6
Cioppino , local fresh fish, mussels, clams in tomato, lime broth	\$9

SALADS

Greek Salad	\$9
Caesar Salad	\$9
Add chicken or shrimp \$5	
Insalata Spinaci , baby spinach leaves, sliced avocado, crisped pancetta, parmesan shavings, tossed in a mustard dressing	\$12
Shrimp Salad , shrimp with mix greens preserved lemons, sherry vinaigrette	\$12

STARTERS

Fresh Mussels , seammerd in a pomodoro white wine sauce	\$12
Bruschetta , fresh ripe tomatoes, oregano, basil, roasted red peppers, extra virgin olive oil on a slice of italian bread rubbed with garlic	\$8
Calamari , golden-fried crispy squid, lemon, tzatziki	\$10
Saganaki , pan-fried kefalograviera cheese, charred lemon, ouzo	\$10
Garlic Prawns , jumbo prawns sauteed in garlic white wine sauce	\$12
Nachos , baked nachos, melted mozzarella, cheddar cheese, onion, peppers, olives, tomatoes, spicy salsa, sour cream	\$9
Chicken Fingers , crispy chicken tenders, plum sauce, home fries	\$9
Spanakopita , traditional phyllo-spinach pie, greek salad, tzatziki	\$12
Spicy Chicken Wings , tossed in hot sauce, mixed greens	\$10
Yam Fries , a delectable delight	\$7
Spreads , served with pita bread, your choice of: hummus, tzatziki htipiti (roasted red pepper feta), taramasalata (pink caviar)	\$8
Hot Appetizer Platter , spanakopita, crispy calamari, hummus, tzatziki, taramasalata	\$26

BREAKFAST served until 1 pm

Steak and Eggs	\$16
Bacon and Eggs	\$10
Ham and Eggs	\$10
Sausage and Eggs	\$10
Omelet , ham, mushroom, cheese	\$11

All the above served with hash brown potatoes and multigrain toast.

LUNCH

Bay Moorings Cod and Chips, coleslaw, tartar sauce, home fries

One piece \$11

Two pieces \$15

Three pieces \$18

Fresh Halibut and Chips, in season

One piece \$14

Two pieces \$18

Three pieces \$24

Bay Moorings Beef Burger, cheddar cheese, onion, lettuce, tomato, home fries \$12

Chicken Burger, grilled chicken breast, may, lettuce, tomato, home fries \$12

Lamb Burger, blue cheese, lettuce, tomato, home fries \$12

Club House, roasted chicken breast, lettuce, tomatoes, bacon, mayonnaise, home fries \$14

Reuben Sandwich, montreal smoked corned beef, rye bread, swiss cheese, sauerkraut, home fries \$12

Shrimp Sandwich, baby shrimp, leaf lettuce, tomato, avocado, home fries \$14

Crab Cake, preserved lemons & crisp pancetta gourmet greens, Avocado, tartar sauce \$17

Steak Sandwich, grilled-up steak, sweet and spicy peppers on romaine lettuce, champagne vinaigrette \$16

Phyllo-Wrapped Chicken, pancetta swiss cheese, gourmet greens with grilled tomatoes \$14

Shrimp Melt, baby shrimp, mozzarella, fresh dill, mayo, tomato, english muffin, home fries, mixed greens \$16

Grilled Octopus, dressed in olive oil, balsamic vinegar, olives, \$16

cucumbers, tomatoes, capers, gourmet mixed greens, avocado

Substitute salad or soup for additional \$2

ENTREES

7 oz New York Steak, grilled new york strip loin, home fries greek salad \$18

12 oz Peppercorn Steak, grilled new york strip loin, peppercorn, brandy demi-glaze \$22
served with rosemary-garlic whipped potatoes, seasonal vegetables, add sauteed prawns \$5

Braised Lamb Shank, braised, slow-roasted to perfection, \$24
mint red wine reduction, rosemary-garlic whipped potatoes, seasonal vegetables

Baby Back Ribs, fall-off-the-bone baby back ribs, \$22
glazed with smoky bbq sauce, served with whipped potato, seasonal vegetables

Moussaka, layers of eggplant, zucchini, potatoes, lean ground beef, bechamel sauce, greek salad \$20

Mixed Grill, lamb, chicken, prawn souvlaki, lemon-oregano roast potatoes, rice, greek salad, tzatziki \$26

Lamb Souvlaki, marinated skewered lamb, rice, lemon-oregano roast potatoes, greek salad, tzatziki \$20

Chicken Souvlaki, marinated skewered chicken, lemon-oregano roast potatoes, rice, greek salad, tzatziki \$18

Prawn and Scallop Souvlaki, lemon-oregano roast potatoes, \$22
rice, greek salad, tzatziki, marinated skewered prawns and scallops

Fresh BC Wild Fillet of Salmon, pan seared lemon potato, black olive vinaigrette \$22

Greek Platter for Two \$60

greek salad, spanakopita, hummus, taramasalata, pita, followed by kalamari, chicken, prawn,
lamb souvlaki, mousaka, keftethes lemon-oregano roast potatoes, rice

PASTAS

Pasta a la Puttanesca , penne pasta, traditional spicy sauce of tomatoes, olives, capers, anchovies	\$16
Lasagne Al Forno , gourmet mixed greens	\$17
Penne Gulliano , prawns, italian sausage, pesto, white wine pomodoro sauce	\$16
Risotto , pan-fried scallops, poncetto, spinach, white wine lemon zest, chilli, basil, saffron	\$17
Fettuccine Pescatore , prawns, mussels, daily market fish, garlic, white wine pomodoro sauce	\$18
Spaghetti Bolognese , lean ground beef, garlic, fresh herbs, rich plum tomato sauce	\$16
Tortellini alla Panna , four cheese, pesto cream sauce	\$16
Rotini Chicken Caruso , roast chicken, mushrooms, garlic, tomato cream sauce	\$16

PIZZAS

All of our gourmet pizzas are homemade with the freshest ingredients.

- Padana**, goat cheese, spinach, red caramelized onions, roast garlic, virgin olive oil
- Bufala**, buffalo mozzarella, tomatoes, basil, olives, anchovies
- Parma**, slice of prosciutto, onions, tomatoes, buffalo mozzarella, drizzle of virgin olive oil, egg
- Piccante**, spicy southern italian salami, red onions, olives, tomatoes, goat cheese
- Aloha**, ham, pineapple, cheese
- Bay Moorings**, smoked salmon, capers, red onions, cheese
- Calzone**, spinach, italian sausage, hot pepperoni, artichoke hearts, sundried tomatoes, cheese
- Cheesenut**, cheddar, mozzarella, feta, edam
- Classic**, pepperoni, mushrooms, salami, onions, green peppers, olives, cheese
- Corinthian**, spinach, mushrooms, feta, onions, olives, dill, cheese
- Fantacia**, italian sausage, onions, sundried tomatoes, basil, deta, olive oil, cheese
- Foccacia**, roasted chicken breast, mushrooms, roasted garlic, pesto, cheese
- Kostas**, pepperoni, green peppers, shrimp, onions, olives, anchovies, cheese
- Margarita**, artichoke hearts, tomatoes, pesto, feta, roasted red peppers, capers, olive oil, cheese
- Seafood Delight**, shrimp, smoked oysters, anchovies, mushroom, tomatoes, cheese

Thin Crust \$18

Regular Crust \$20

If our pizzas are unsuited to your taste, we will gladly create a combination of toppings for you.

ORDER TAKE-OUT

Phone: 604.921.8184 or 604.921.8185

Your order will be ready when you arrive to pick-up.

Prices subject to change without notice